

TEAM RESCUE

WESTHAMPTON BEACH, N.Y.

NEWS OF THE 106TH RESCUE WING • MAY 2009 • VOL. 9 NO. 376



106th Firefighters

Training for any situation

ANNOUNCEMENTS

Special Dates:

- May 7** - Band of Liberty in Concert - 7 p.m. WHB High School Auditorium
May 9 - AAA Driving Improvement Program - Start 1000, Bldg. 345, POC: SMSgt Kruk, x7598
May 23, 24 - Jones Beach Air Show
June 6 - The Family Readiness Group "Member Appreciation Breakfast" from 0700-1000

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MAY UTA Menu:

Saturday
 Pot Roast
 Mashed Potatoes
 Green Peas

Sunday
 Box Lunch



On the Cover:

Firefighter, Sgt. Snuffy Smith, from the 106th Rescue Wing, train with firefighters from the Brookhaven National Laboratory at the Suffolk County Fire Academy training grounds in Yaphank, N.Y. on April 9, 2009.

Photo by Senior Airman Chris Muncy

TEAM RESCUE

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COMMANDER'S COLUMN

What It's All About

by Colonel Michael F. Canders

The New York Air Show at Jones Beach is one of my favorite events each year. We showcase our Wing to hundreds of thousands of people. Over the Saturday and Sunday of the Memorial Day Weekend, we fly our aircraft and set up our recruiting ground displays. We've been doing the show since it began in 2004 and it seems like each year the weather is perfect and the crowds get bigger and better.

I take great pleasure in accepting the microphone and narrating our portion of the air show. As your Wing Commander, I like nothing better than bragging about all of you and your families to a few hundred thousand listeners! (It's also on local radio!) As I watched this great air show over the first three years featuring the Thunderbirds, or the Blue Angels, and other first rate military and civilian performers, I felt something was missing. The sun, the sand, the ocean, the food, the fun, our recruiters, our military displays and the great flying was all there but still, something was missing.

Two air shows ago, I finally realized what it was. This crowd of hundreds of thousands, at this air show, was missing what this Memorial Day weekend is all about. It is about honoring those who made the ultimate sacrifice for all of us. Those who gave their lives for our country. It

Memorial Day ... is about honoring those who made the ultimate sacrifice ... those who gave their lives for our country.

is particularly fitting to remind our fellow citizens of this because men and women wearing the same uniform we wear are doing this right now as I write

this. They join the long line of American soldiers, sailors, airmen, marines and coast guardsmen who gave their lives for our Republic that formed over 230 years ago. So on this very special official-beginning-of-the-summer-weekend it is very important that we remember them and their families from present day back to the beginning of our great nation.

Since this important message seemed to be missing at this great annual event, we from the 106th decided to do something about it. We always do a great



Colonel Michael F. Canders

air show with our H-60s, C-130s and PJ's flying a rescue demonstration and PJ parachute deployment. At the end of our routine we finish up with what it's all about. Our H-60 pulls up into a high hover at the air show center point as I ask the crowd to stand for a moment of silence. Then we drop a memorial wreath from the helicopter into the ocean as a tiny remembrance of the enormous sacrifice of those who paid with their lives and the sacrifice of their families. The crowd is always appreciative and responds with a thunderous roar of applause as they suddenly realize what it's all about.

Editor's note: Bring your family out to Jones Beach on May 23rd and 24th, and meet with the 106th Rescue Wing team at the beach area in front of the West Bathhouse. See ya' at the air show!

MEMORIAL DAY

What does Memorial Day mean to you?

by Master Sgt. Michael Riccardi Jr.

Memorial Day, originally called Decoration Day, is rooted as a day of remembrance dating back to the Civil War, when organized groups, believed by some to be women's groups, decorated soldier's grave sites. A definitive date for the origin of Decoration Day was never proven. Historical researchers on the subject believe that Decoration Day started spontaneously in the 1860's at several locations simultaneously as people needed to express their feelings of gratefulness and sorrow for the ones who had fallen in combat at that time.

It was not until around WWI that the name was changed from Decoration Day to Memorial Day, and the day was expanded to honor those who have died in all American wars.

In May 1966, President Lyndon Johnson declared Waterloo, N.Y. as the official birthplace of Memorial Day because it is believed to be the town that held the first organized ceremony, closing businesses and lowering flags to half staff.

In 1971, an act of Congress declared Memorial Day a national holiday observed on the last Monday in May.



Master Sgt. Alicia T. Samuels

106th RQW Acting First Sergeant

To me, Memorial Day is a time of reflection. It is a time to remember and honor those who died for our country, especially those who died serving as Army and Air Force aviators.

This Memorial Day, I hope to ride a motorcycle in one of the local parades, because for me, riding a motorcycle represents freedom – freedom to get out into the open air and be free thanks to all of those who died that we may have the freedoms that we have.

Senior Airman Paul Caruso Jr.

Medical Lab Technician

I think Memorial Day is a day when we should take the time to reflect upon the people who fought before us and the people who have and will sacrifice their lives in service of our country. It is a day when we reflect upon the nature of our true heroes — of the ones who gave all in service to this country. It is a day to really put into perspective, what it means to have the freedoms that we really have. Memorial Day honors those people who made this freedom possible by giving everything of themselves.



Tech. Sgt. Sharon L. Merritt

Traffic Management Superintendent

Memorial Day is a big deal to me. It is remembering the people who died for our country and for the freedom of our country.

I lost two comrades when I was in the active duty Coast Guard. They went to serve overseas on a boat and they got hit; they were my friends.

This Memorial Day my daughter and I plan to check out some of the local parades either in Hampton Bays, Bellport or here in Westhampton Beach.

Airman First Class Joseph P. Fonseca

Transportation Apprentice

The thought of Memorial Day, and all of those who died for our freedom, motivates me to want to continue to serve in the military. I don't think we celebrate Memorial Day enough because it is not every day we get to pay homage to those who loved this country and sacrificed so much, those who gave their lives for their patriotism and for our freedom.

This year, I plan to celebrate Memorial Day with friends and family.



Master Sgt. Holly Reycroft

Budget Analyst

This Memorial Day I will be taking my daughter to the Memorial Day parade in town which ends at the Good Ground Cemetery. All the participants, marchers and parade goers alike, line up around the cemetery to listen to the lone bugler play taps. That is followed by speakers honoring those who have served and died for our country. My young daughter doesn't really understand it all yet, but she does realize it is important.

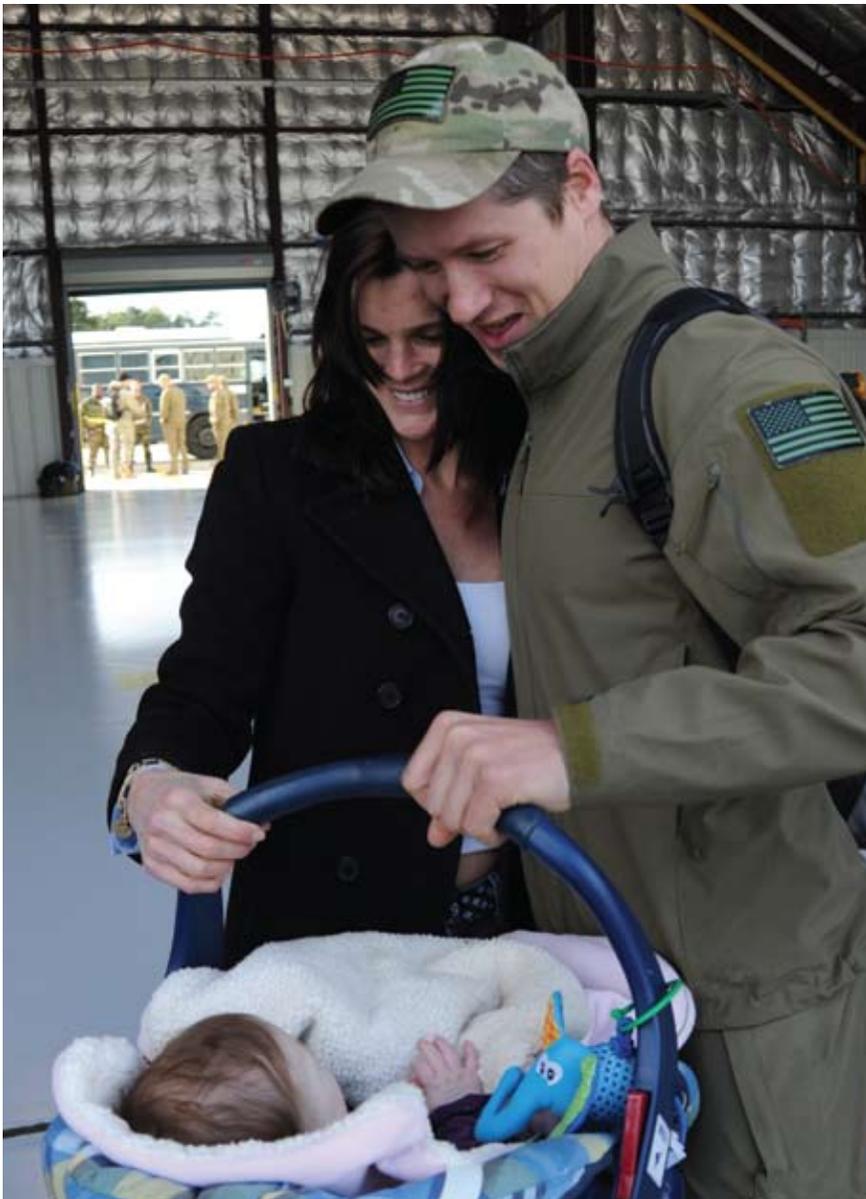
Photos by Senior Airman Jose Diaz

HOMECOMING

Right: Maiya Boughal, 17 mos., waits for the return of her father, Capt. Edward Boughal, 103rd Rescue Squadron.



Far Right: Members of the 106th Rescue Wing returned home on a C17. The C17 made two attempts to land before finally landing on the third try.



Master Sgt. Jules Roy greets his wife, Debbie, and their baby girl, Kristin, after returning from deployment on April 4.



Col. Michael F. Canders greets Master Sgt. Shawn P. Studer, 103rd Rescue Squadron, and every other member of the 106th Rescue Wing as they disembarked the C17.

Story and Photos by Staff Sgt. David J. Murphy
Members of the 106th Rescue Wing, which included Pararescuemen from the 103rd Rescue Squadron, returned from their deployment in Afghanistan on April 4, 2009. After getting cleared by Customs, they disembarked the C17, were welcomed home by 106th Rescue Wing Commander, Col. Michael F. Canders, along with other members of the Wing, and reunited with their families.

Chief's Column

by Chief Master Sgt. Elvis Rusnak



Chief Master Sgt. Elvis Rusnak

Finally, the Spring Solstice arrives! I had the privilege last month of training at Andrews AFB. While I was there, I went into Washington D.C. and took in some of the wonderful museums and memorials that are scattered throughout the city. Each time I go, I find myself in a humbled state of reflection on my place in this great nation and how we have come to be here. Of course this includes recognition of those who have come before me, giving me this great freedom.

Sadly enough, after all this great sacrifice, we are in troubled times here in America. The market is down and unemployment up. In a sense, we seem to have lost our way. As an American and a member of this great military community, I have to ask myself what brought us here? What was my role in this failure? To answer this I think it is important to go all the way back to the beginning. Back to the time when this country was just starting to populate from around the globe. We were a

nation born of diversity, integration, and change. The foundation for this country was built on teamwork: a group of people sharing different ethnicity, religious, and cultural backgrounds coming together though the common goal of building a nation. A place for their families to learn, grow, and flourish. I think perhaps we have lost sight of that common goal in today's time and we are in dire need of getting back to the basics on which this country was built.

Whether it is a sports team, a military squadron, or simply our families, the key to a team's success is that there are no individuals, but only the team. Mothers and fathers, coaches and teammates, commanders and Airmen; we are all part of a bigger picture. And it is that family, squadron, or team a thousand times over that makes up an even bigger team; America.

There has been a lot of news lately about the greed that has shut down so many of the economic greats. "Individuals" taking care of themselves and not their clients. One of these greats, most recently, just issued millions in bonuses to a failing business unit. This greed and self-centered behavior can be the downfall of any team. For this country to be strong again we all need to be less interested in the welfare of ourselves and more interested in the good of the team. The beauty is that when the team flourishes, so do the individuals that make it up.

Each and every member of our team here at Gabreski has a responsibility in making this happen. For the youngest airman this can be as simple as getting into your books, PME, and

getting involved in your section. Take it upon yourself to be a better player. For the trainers and the mid-level supervisors it may mean ensuring your subordinates are being trained properly and help to ensure the quality of the work. When errors occur, remember that you were once in their shoes. For the senior level managers, Chiefs, and Commanders it may include something as simple as keeping yourself open to inputs from the most basic airman and remembering that we never know it all. Their fresh views and knowledge keep us up to date and can sometimes be the most valuable tool we have. Continue to grow and learn.

The bottom line is that it has to be about all of us and not one of us. For our own lives to flourish, for the team to do well, for the good of the future of this nation, take responsibility for what is going on. If this nation is faltering it is only because "we" have faltered and only "we" can get it back on track.

Oh, and for those who are still looking for the military link in all of this:

Integrity first, Service before self and Excellence in all we do.... Sound familiar?

Take care and I'll see you around.

ANNUAL MEETING OF 106TH RQW ALUMNI

ALL prior members are invited to join us for our annual get-together on Tuesday, 12 May 2009 at 1800 hours. This year's event will be held at the VFW, located on Montauk Highway in Quogue. There will be a guest speaker, refreshments and old friends to catch up with. Further, three board member seats are up for election. Consider becoming an active part of your alumni association and join us. We look forward to seeing you!



Lt. Col. Brian J. McNamara

Captain Gerald L. Coffee was a US Navy pilot who was shot down

Chaplain's Corner

by Lt. Col. Brian J. McNamara

over the China Sea on Feb. 3, 1966. He spent the next seven years in various Vietnamese prison camps. Coffee maintained that it was his faith and his friends that brought him through those dark, torturous years.

Each Sunday, the Senior Officer in each cell block would pass a signal: Church call!

Every man stood up in his cell and would recite the Twenty-Third Psalm together: "The Lord is my shepherd ... You prepare a table before me in the presence of mine enemies, you anoint my head with oil; my cup runneth over." Coffee said, "I realized that despite my

being incarcerated in this terrible place, it was my cup that runneth over because someday, however, whenever, I would return to a beautiful and free country."

Commander Gerald Coffee (he had been promoted two ranks in his absence) returned to the United States in the spring of 1973 and was reunited with his wife and three children. The first Sunday he was reunited with his family, he went to Sunday Mass with his family.

How important is your faith? What are you doing to increase it? Commander Coffee gives us pause to ask ourselves those questions!

Ensuring a proper fit

by Master Sgt. Michael Riccardi, Jr.

Members of the 106th Medical Group's Bioenvironmental Engineering Office take time out of their busy schedule to conduct gas mask fit testing for all members of the 106th Rescue Wing.

The purpose of the mask testing is to make sure that each mask works properly for the individual war-fighter and to help build confidence in the mask, said Lt. Col. Tyrone J. Morrison, Environmental Engineer, and Senior Master Sgt. Martin E. Ellis, NCOIC for Bioenvironmental Engineering Services.

The test takes the individual through a series of movements to ensure that the mask actually stays seated on the face. There are five specific steps comprising the test: normal breathing, deep breathing, side to side motion, up and down motion and rotation of the chin. The movements simulate basic functions such as running, working on or around aircraft, talking, etc., said Lt. Col. Morrison.

The mask fit test must be accomplished every 40 months, or if there are any changes to the individuals face as a result of facial surgery, dental

surgery or a total-body-weight change of 10-percent or more. These things impact how the mask fits to the face, said Senior Master Sgt. Ellis. It is beneficial for each of us to do the fit test, because you can have several people who wear the same size mask, but the mask will not fit the same way on each face, Senior Master Sgt. Ellis continued. There are subtle nuances that each individual should be aware of to tailor the fit of the mask. One person may have to pull the side straps tighter, and another may need to pull the chin straps tighter, he said.

Also, the mask test must be current enough to span the entire length of any deployment, so if your forty-month fit test ends half-way through your deployment, you must have a new fit test accomplished before leaving; they do not do mask-fit tests in theater,



Senior Airman Jose Diaz, 106th Rescue Wing, Public Affairs, visits Bioenvironmental Engineering (BEE) for a Quantitative Fit Testing (QNFT) on Mar. 7 at the 106th Medical Group (MDG). The QNFT is administered by Tech. Sgt. Julius Nelson, 106 MDG/BEE.

said Senior Master Sgt. Ellis.

It is the responsibility of the unit deployment manager to monitor and schedule fit tests, said Senior Master Sgt. Ellis.

The Bioenvironmental office welcomes any questions you may have, call 7448.

Staff Sgt. Marcus Calliste

HOUSES BURNIN' DOWN

At approximately 0900 hours the 106th Rescue Wing's Fire Department received a call from the Gabreski air traffic control tower reporting a heavy smoke condition coming from building 354. When the first firefighters arrived, they learned that one state worker was missing and presumed to be inside the building. Fortunately, this was a training scenario designed to hone the skills of the firefighters from the 106th.

On April 9, firefighters from the 106th Civil Engineering Squadron trained at the Suffolk County Fire Academy in Yaphank, N.Y. with firefighters from the Brookhaven National Laboratory.

The training facility at the Suffolk County Fire Academy allowed the firefighters to train in a structure with an actual fire burning. Having an actual fire burning in the structure during the scenario provides a more

realistic training environment for the firefighters. The firefighters get to operate with their personal protective equipment and self contained breathing apparatus in a low visibility, high heat environment.

"First, we send a search team into the structure in order to locate the fire and any possible victims. Then, we advance the line into the structure and extinguish the fire," said Chief Edward C. Metcalf. Chief Metcalf is also a retired New York City Firefighter where he last served as a Captain with Squad 252 in Brooklyn.

The firefighters operated with a search team and an engine crew on "the line," referring to the hose that they use to put water on the fire. The search team gained entry into the building, located the fire, and searched for the missing state worker. The engine crew then

maneuvered the hoseline through the building to the location of the fire and extinguished the fire. When bringing the hoseline into the building, the firefighters charged the hose, meaning the hose was filled with water. The water adds considerable weight and makes the hose less maneuverable making for a difficult task, especially when dealing with a charged hoseline that has a diameter of 1 ¾ inches and a length in excess of 150 feet.

Obviously fighting fires is a task with inherent risks involved. Even when training, the mere fact that they are burning pallets, generating heat and smoke within the structure can prove to be a dangerous situation. To help mitigate the risks, there were five certified instructors on hand, four of which were monitoring the training inside the structure with the firefighters.



Firefighters from the 106th Rescue Wing trained with firefighters from the Brookhaven National Laboratory to sharpen their skills.

DOWN THE SIDE



Above: Tom Peyton, Station Capt., observes and participates in the exercise.



Above: Senior Airman Chris Pravato vents an upstairs window to allow smoke and steam pressure to be released from the fire area.

Left: Deputy Chief Don Miller, an instructor with Suffolk County Fire Academy, starts a fire in the barrel, and then turns the barrel over to create a torrent of smoke to fill the house. The smoke is used to make the exercise feel as real as possible.

10 Years Ago in Team Rescue

“Rescue 277” taken from the May 1999 Gabreski Gazette

The day before Easter Sunday the Coast Guard Rescue Center in Greece received a request for a medevac from a Cypriot flagged vessel that was sailing 300 miles south of Bermuda. Quickly, the call bounced up the chain and in turn the 106th was called into action.

The team leader for the Pararescuemen was Senior Master Sgt. Timothy Malloy and the PJ team included Tech. Sgt. Scott Yeley, Staff Sgt. Jeff Baker and Staff Sgt. John Hopkins. This would be Tech. Sgt. Yeley's first nighttime ocean mission and Staff Sgt. Baker's second.

Because the Wing was forward deployed to Turkey, the Coast Guard offered to pick up the PJs for the

jump. The Coast Guard aircrew from Elizabeth City arrived at the base at 2200, coordinated with Maj. Mike Noyes, and took off with the PJs and RAMZ kit an hour later.

The rescue jump took place about four hours later, said Senior Master Sgt. Malloy, and went off without a hitch. “The only problem we had was pulling

the Zodiac boat onto the Durik Shield.”

The medevac mission was called to stabilize the 48-year old ship's captain who apparently suffered a stroke and needed immediate attention said Senior Master Sgt. Malloy.



This mission is recorded as the 277th rescue since 1975.

Change to Dosing Schedule and Administration of Anthrax Vaccine

by Chief Master Sgt. Pamela A. Malatestinic

The 106th Medical Group has received a number of questions lately on the Anthrax Vaccination Program. Hopefully, this will answer some of those questions.

Why only five doses instead of six?

The US Food and Drug Administration approved changes to the dosing schedule for the Anthrax vaccine. The Military Vaccine Agency (MILVAX) has issued instructions that implement the changes across the DOD. There were no changes as to who needs to be vaccinated or the previous requirements. Only the dosage schedule changed (and for clinical personnel a change was noted in how we administer the vaccine).

The anthrax vaccine will now be given as a five dose series, versus the previous six dose series. The change removed the 2 week dose vaccination asserting the safety and effectiveness of the new five dose regimen. After your first dose, you will receive additional doses at 4 weeks, 6 months, 12 months and 18 months. After that dose, you will be given annual boosters.

My name is on the Shots Due Roster but I was told I couldn't get the shot, why?

Doses of the vaccine will NOT be given on a compressed or accelerated schedule. That is why we sometimes have to turn you away when you come in for your next dose. We

cannot give it to you before your “due date”.

What happens if I miss a dose?

If you have missed a dose or are late in receiving your next dose, we will resume your series of vaccinations based on the date of your last dose. We can't “skip” a dose.

I haven't had an Anthrax shot in the past three years as I didn't deploy. Do I need to start over?

Per the Advisory Committee on Immunization Practices recommendations, the Anthrax Vaccine series “does not start over” We will start your series from where you left off and base all other doses on that date.

SUMMER CAMP OPPORTUNITIES FOR MILITARY CHILDREN:

The National Military Family Association's Operation Purple camps offer a free week of fun for military kids with parents who are currently, have been, or will be deployed.

Please visit www.operationpurple.org for registration, information, locations and dates.

CAREER NEWS/OPPORTUNITIES

Basic Training and Technical School Graduates

Aerospace Medicine Primary

Brooks AFB, TX
Maj. Stephen C. Rush

Air Transportation Apprentice

Lackland AFB, TX
Airman 1st Class Christopher J. Jensen

Basic Military Training

Lackland AFB TX
Airman 1st Class David G. Amerson
Airman 1st Class Dennis H. Bhola
Airman 1st Class Randy A. Campos
Airman 1st Class Adam P. Dernis
Airman 1st Class Tyra N. Harris
Airman 1st Class Joseph P. McCrain
Airman 1st Class Joseph Occhineri
Airman 1st Class Jason E. Velez

Combat Survival Training Course

Fairchild AFB, TX
1st Lt. Ronnie S. Maloney

Electronic Principles, Electronic War

Keesler AFB, MS
Airman 1st Class Daniel J. Catapano
Staff Sgt. Rocco B. Scaccia

Fire Protection Apprentice

Goodfellow AFB, TX
Airman 1st Class Travis J. Meehan

Hazardous materials Preparer (Initial)

Lackland AFB, TX
Airman 1st Class Marissa N. Mugavero

Logistics Plans Apprentice

lackland AFB, TX
Senior Airman Dennise C. Beck

Security Forces Apprentice

Lackland AFB, TX
Senior Airman Keith S. Mangels

Supt Jet Training, Phase 1

Laughlin AFB, TX
2nd Lt. Sean F. Gavin

Vehicle Management Superintendent

Port Hueneme, CA
Master Sgt. Edward P. Bott

Recent Promotions

To Senior Master Sgt.

Doris E. Libby

To Master Sgt.

Brian S. Micari
Wayne E. Dorsch

To Tech. Sgt.

Jason Munch
Andrew J. Cruciani
Charles J. Silva

To Staff Sgt.

Philip G. Travers
Samuel G. Prescott

New Members

Brian D. Alfano
William Bootz
Nicholas Brock
Garnet Brooks
Gary L. Calhoun
Anthony Comunale

Anthony Darden
Christopher Iano
Robert J. Hoffman, Jr.
Penny Lopez
Luigi M. Luigini
Jose Nieves Torres

Anthony Roberto
Kristopher Saccurato
Kyle St. John
Dominic Surinaga
Shilo Watters
Xia Zhang

Recent Reenlistments

Senior Master Sgt. James F. McAleavy
Master Sgt. Lindsay C. Cunningham
Master Sgt. Timothy D. Hanson
Master Sgt. Charles Knapp, Jr.

Master Sgt. Edgar Lopez
Master Sgt. Thomas M. Quinn
Master Sgt. William J. Welsh
Tech. Sgt. Peter J. Murro

Tech. Sgt. Origen S. Symes
Staff Sgt. Ian M. Damico
Staff Sgt. David J. Murphy
Staff Sgt. David A. Rosante, Jr.

106 RQW Newly Commissioned Officer Vacancy Announcements

Civil Engineer

106th Civil Engineering Squadron

Nationwide

Open Until Filled

Chaplain

106th Rescue Wing

Nationwide

Open Until Filled

Physician Assistant

106th Medical Group

Nationwide

Open Until Filled

Please contact: Chief Master Sgt. Dickie Lochren (631) 723-7339

Full Time Vacancy Announcements

To apply see: <http://www.dmna.state.ny.us/jobs/jobs.php>



Senior Airman Jose Diaz

The Victims Information Bureau of Suffolk (VIBS) visited the 106th Rescue Wing on April 4, to provide information and raise awareness about sexual assault.



Staff Sgt. David I. Murphy



Staff Sgt. David I. Murphy

Above: Master Sgt. Dickie J. Lochren along with his wife, M'Sina, and daughter, D'azia, 13, root for bowler Michael Fagan, a Long Island native, during the Professional Bowler's Association Tournament on March 29.



Above & left: Tech. Sgt. Katie White, 106th Medical Group, receives a Military Leadership Award at the Woman of the Year award ceremony hosted by the United Service Organization (USO) of Metropolitan New York's 43rd Annual Luncheon at the Mandarin Oriental in New York City, N.Y. on April 8. Members of the Navy, Marine Corps, Coast Guard and Army were also chosen to represent their service.

Right: The 106th Honor Guard presented the national colors while Tech. Sgt. Katie White, 106th Medical Group, sang the National Anthem before the start of the Professional Bowling Association's Long Island Classic final match, which was held on March 29. The event was held at the AMF Babylon Lanes in West Babylon, N.Y.



Staff Sgt. David I. Murphy



Members of the 101st Rescue Squadron fire rounds from an M240 Machine Gun aboard an H-60 as part of a training exercise on April 4.



Senior Airman Jose Diaz

Lt. Col. Jim W. Nolan, 102nd Rescue Squadron, receives a gift from members of the Air Force ROTC (Det.490 and Det.560). The ROTC came from the New Jersey Institute of Technology and Manhattan College. The groups visited the 106th Rescue Wing on Apr. 4, and the ROTC member's day trip was an opportunity to familiarize themselves with, and meet military members at F.S. Gabreski Airport (ANG).

Story by Lisa D'Agostino

Photos by Maureen Bavaro

The family of deployed SrA James Bavaro started a collection of goods based on a "wish list" James e-mailed to the Mills Pond Elementary School in Smithtown. Mr. Thornton, the Civics' Club teacher, and James niece, Juliette Sigler, collected the goods. On April 1, they brought the items to the Family Readiness Group meeting. Ten boxes were packed during the meeting and I mailed them out the following day.



Mr. Thornton, Juliette Sigler and Rich Sigler (niece and uncle of deployed SrA James Bavaro) stand behind the boxes that were packed up during the April 1st FRG meeting.



Back Row: CMSgt Eddie Reiter, SMSgt Joe Kruk, Mrs. Debbie Kruk, Lisa D'Agostino, Maureen Bavaro (mother of deployed SrA James Bavaro), Regina Sigler (James aunt), Mr. Thornton (Civics' Club teacher at Mill Ponds Elementary), Caroline Bavaro (James Sister) and Richie Sigler (James uncle). Front Row: Chrissy and Gabby Scaglione and Juliette Sigler (James niece)

RECRUITER NEWS



Need Cash? Got Recruits?

Become a member of our G-RAP Team

The G-RAP program was designed for drill status individuals and retirees who voluntarily apply to serve as part-time Recruiter Assistants (RA). The G-RAP program is not open to AGRs or Technicians, however, they can receive time-off awards for recruits they bring into the Wing. Recruiter Assistants

will be paid for non-prior and prior service enlisted accessions. To become a Recruiter Assistant log onto www.guardrecruitingassistant.com and follow the prompts. You will go through a brief acceptance and training program leading to your RA certification. Once certified you will be able to refer

qualified applicants to 106th recruiters leading to payment. As a Recruiter Assistant you will receive \$1,000 for any non-prior enlistment and another \$1,000 upon shipment to Basic Military Training. For prior service enlistments you will receive \$1,000 after enlistment and another \$1,000 upon recruits completion of third drill. For more information contact the recruiting office at (631) 723-7458.

\$\$\$ 106th Airman have earned \$198,000 dollars to date! \$\$\$

DO YOU NEED \$4000?

Air National Guard Recruiting Assistants, can now earn \$4000 dollars for enlisting a prior or non-prior officer to join the 106th Rescue Wing. Recruiting Assistants still continue to earn \$2,000 for each enlisted member that enlists and reports to Basic Training or for each prior service member who completes a 90 day affiliation with the unit. Additionally, AGR members will earn 3 days of leave and Technicians will earn 27 hours of leave for each qualified recruit.

THERE ARE MANY OPPORTUNITIES IN
***MECHANICS AND
ELECTRONICS***
CALL A RECRUITER FOR
THE LATEST INFORMATION

106 RQW Recruiter Contact Info

Master Sgt. Dickie Lochren (631) 723-7339
Tech. Sgt. Katie Knoebel (631) 723-7198
Tech. Sgt. Laurie Perno (631) 723-7184

Tech. Sgt. Matt Repp (631) 723-7458
Staff Sgt. Antonio Fonseca (631) 723-7197
Mrs. Sally Cassella (631) 723-7339

Concentration

by Staff Sgt. David J. Murphy

In this day and age of instant everything it is sometimes difficult to stop multi-tasking, and just concentrate on one thing at a time. I come across this problem everyday. From the moment I walk into my office, to the moment I leave, all I have to do is turn my head in any direction and I am reminded of the many different tasks that need to be completed.

Previously, I tried to handle as many different tasks as possible, at the same time. I always tried to multi-task and if I could somehow manage to make a few phone calls while images were downloading, or research some supplies while I also printed out a job, I did. While I felt like I was accomplishing more by doing these things simultaneously, in reality I was robbing each task of the required attention it deserved.

Because of my over multi-tasking, I found that I was producing more mistakes. Spelling errors would crop up into my work, and although all I needed to do was a simple spell-check,

that small step would be skipped because I was trying to accomplish too many other things at the same time, thus forgetting to do something simple.

To help combat this I've tried to pull all of my concentration into getting one specific task complete at a time. This isn't easy because all I need to do is look around my office, or open my e-mail, and I can see a dozen or so other tasks that are just as important, and need to be completed. Still, it is important that I concentrate on doing one thing right, otherwise the quality of my work will degrade.

In the visual information section mishaps aren't necessarily life-threatening, but they are still very damaging. Not only are mistakes I make embarrassing on a personal level, but when they get out to a finished product, and others see it, they can reflect badly on me, the Visual Information/Public Affairs section, and the 106th as a whole. So in my business, spelling errors and other mistakes, are the most important



Staff Sgt. David J. Murphy

mishap, or “safety hazard.”

In any work environment we are prone to mistakes whenever we try to spread ourselves too thin. But even though we are short staffed, and handle many different responsibilities, we must still maintain a level of excellence in all we do, and find ways to complete the job without cutting corners. When we cut corners, mistakes happen.

Congratulations! The following scored over 90% on their end of course exams during the last month:

Capt. Michael T. Schiraldi	Squadron Officer School	91%
Master Sgt. Frank Arza	Senior NCO Academy	94%
Master Sgt. Ellis A. Jack	Senior NCO Academy	94%
Master Sgt James M. Storan	Senior NCO Academy	94%
Tech. Sgt Craig E. Moore	Fire Inspector II	99%
A1C Paul D. Cange	Driver/Operator - ARFF	99%

Tests will be administered by Base Training as follows:

Fri 08 May 1300	Thur 14 May 1300	Thur 21 May 0900	Wed 27 May 1300
Mon 01 Jun 1300	Sun 07 Jun 1230	Fri 12 Jun 0900	Thurs 18 Jun 1300
Tue 23 Jun 1300			

Testing is scheduled for the Sunday of a UTA. Saturday will be included if needed due to demand.

To test, members must schedule through their unit training manager, be in uniform, have their ID card, and be at base training 10 minutes prior to start time. Please No food or drink, cell phones, beepers or pagers. No notes or study materials are authorized in the test room. Pencils, calculator (if authorized), and scratch paper will be provided — members are not to bring their own.



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106th Rescue Wing
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PARTING SHOT



Staff Sgt. Marcus P. Calliste

U.S. Air Force Senior Master Sgt. Edward C. Metcalf a firefighting instructor assigned to the 106th Civil Engineering Squadron evaluates his team during a joint training exercise along side the Brookhaven National Laboratory Fire Department at the Suffolk County Fire Academy in Yaphank, NY on Apr. 16. The team of firefighters recently completed a training scenario with a simulated residential burning building.